



# MILEAGE CLUB AT LUNCH RECESS ON WEDNESDAY

Beginning on October 4th, we will start our beloved Weekly Mileage Club program during lunch recess for all grades on Wednesdays. Students can choose to walk, jog or run laps on our course around the park to the east of the school. We will have parent volunteers monitoring this course each week for safety.

**This is an optional, free, no-sign up required activity.**

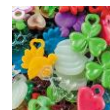
Students that want to participate just need to wear appropriate shoes and be ready for fun each Wednesday!

With the help of our amazing parent volunteers, we will track the completed laps for each student during Mileage Club and once a student completes 10 laps, they earn a foot charm (and chain).

**10 laps = 1 foot charm.** Students can earn multiple foot charms each year. If a student completes 50 laps, they earn the GOLDEN SHOE charm. Parents, please help remind your child to wear this chain each week on Wednesday so they can add to it throughout the year.



Each month, we will have a Special Charm Day – these charms will be handed out during recess to every student that completes 2 laps on the course.



**Please remind your child that this is MILEAGE CLUB – we encourage walking, jogging, skipping, running, etc.! Everyone can participate!**

Questions? Please contact one of the coordinators listed on this flyer.

**FREE! Offered weekly,  
during lunch recess  
on Wednesday**

**Charms as incentives!**

**Parent Volunteers**

**Golden Shoe trophy to  
class with most laps**

**Walk, jog, run –  
everyone can  
participate!**

## WEST WOODS ELEMENTARY

Shawna Walda – Coordinator  
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Jenny Garamy – Coordinator  
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Julie Gabler – Healthy Schools Coordinator  
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Volunteers are needed to help monitor the course. To help, please visit the Mileage Club page on the West Woods Elementary school website under Clubs and Programs